

	Travvii i rica racc	20.00
79	Keema Rice	
80	Plain Naan	£1.95
81	Peshwari Naan	
82	Garlic Naan	
83	Cheese Naan	
84	Aloo Naan	
85	Keema Naan	
86	Tandoori Roti	£1.50
87	Chapatti	£1.50
88	Potato Wedges	£2.50
89	Plain Popadoms	£0.50
90	Spiced Popadoms	£0.50
91	Dips	£0.50
	Soft Drinks	
92	Coca Cola	£1.95
	(1.5 Ltr) (Regular or Diet)	
93	Juices (1 Ltr) (Orange Juice, Apple Juice, Pineapple Juice)	£1.95
94	Mineral Water (1.5 Ltr)	£1.95
	Grill Cooler	
95	Plain Raita	01.50
00	A cooler to balance the chillies with yogurt	
96	Cucumber Raita A cooler to balance the chillies with yogurt and diced cucumber	
	Feel free to bring your own alcohol	

Opening times Monday - Thursday

Catering Service

number, please call us for details.

Friday

Saturday

12:30 - 22:00 14:00 - 23:00

12:30 - 23:00

14:00 - 22:00

71	Grilled Chicken Burger Burger served with wedges	£4.95
72	Homemade Grilled Beef Burger Burger served with wedges	£4.95

Egg Fried Rice

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73	Pilau Rice		.50	
74	Plain Rice		.95	
75	Mushroom Fried Rice		.50	
76	Special Fried Rice		.50	

Since all our food is cooked fresh to order, our aim is to deliver your food within 45 minutes from the moment you place the order.

Make your special occasion extra special with Flip 'N Grill. Flip 'N Grill we can cater for parties of almost any

Flip 'VI Grill

Sizzling Indian Food

and exquisite, come and taste or let us bring it to you"

Flip 'N Grill offers contemporary grilled dishes, simple yet unique, come and see for yourself. Relax in our fully air conditioned restaurant with comfortable seating. Come and try from a variety of dishes. You could enjoy an authentic Indian curry, grilled chops, homemade burgers or our flamed grilled salmon sizzler and then top it of with a sweet delicious Gazor Halwa served with ice cream.

We have an extensive menu to cater for all your cravings

020 7263 9955

Payment by Cash or Credit/Debit Card only



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Takeaway menu

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	Flip 'N Grill Starters		Flip 'N Grill Curry Sizzlers	40	Shahi Mattan Paneer 6 Peas & cottage cheese in mild sauce	£2.95
1	Flame Grilled Lamb Chop Tender lamb chops served with fresh herbs and spices on a sizzler	£4.95 21	Karahi Lamb Stir fried lamb cubes prepared with onions, green peppers and tomatoes served on a sizzling karahi	· ·	Taka Daal Yellow lentils cooked with garlic & medium spices	£2.95
2	Lamb Tikka Tender lamb pieces marinated with succulent spices	£2.95	Karahi Daal Ghost 6 Yellow lentils & lamb mixed together with onions	£5.95	Smabgi Begoni 6 Egg plant with ginger, tomato and vibrant spices - medium	£2.95
3	Seekh Kebab Minced lamb and fresh green herbs served with salad	£2.95	green peppers cooked with medium spice Karahi Keema Lamb mince prepared in a wok style karahi,	£5.95	Saag Aloo 6 Spinach & potato with fresh garlic	£6.95
4	Chicken Tikka Tender chicken pieces marinated with succulent	£2.95	cooked with onions, green peppers and tomatoes	44	Mixed Vegetable Khorma Mixed vegetables cooked with creamy mild sauce	£6.95
	spices	24	Karahi Prawn 6 Stir fired prawns cooked with onions, green	£5.95		
5	Flame Grilled Chicken wings Tender chicken wings grilled with succulent home style spices	£3.95	peppers and tomatoes served on a sizzling karahi		Biryani Dishes All served with veget	able sauce
6	Grilled Chicken Salad Tender strips of grilled chicken garnished with seasonal salad	£3.50	Karahi King Prawn King prawn cooked on a wok style karahi, blended with onions, green peppers and tomatoes with medium spice	£9.95 · · ·	Lamb Biryani Tender lamb dices cooked with onions,	£7.95
7	Flame Grilled Salmon Tikka Fresh salmon steak in royal marinade	£3.95		£5.95	almonds, sultanas, spices mixed together with rice	h
8	King Prawn Puri Seafood cooked in medium spice and served with flat bread	£3.95	with diced tomato, onion, garlic and sprinkled with coriander	46	 Chicken Biryani Cubed chicken cooked with onions, almonds, sultanas, spices mixed together with rice 	£9.95
9	King Prawn Roll	£2.95	Saag Ghost 6 Lamb & spinach with medium spices	£5.95	Flip 'N Grill Special Biryani Cooked with herbs and flip 'n grill spices (Lar	£6.95
	King prawn fried with home style spices wrapped in pastry	d <u>28</u>	Jalfrazzi* 666 Spicy curry cooked with green chillies, onions,	.m£5.95		
10	Samosa Meat or vegetables	£1.95	tomatoes served on a karahi and sprinkled with fresh coriander	48	King Prawn Biryani King prawns cooked with onions, almonds, sultanas mixed with rice and seasoned with	£5.95
11	Mixed Marinated Olives Olives with garlic and herbs	£2.95	Dopiaza* 66 Cooked with green peppers, tomatoes and a strong onion flavour	£5.95	rice's Vegetable Biryani Mixed vegetables cooked with onions, almonds	£6.50
	Flip 'N Grill Sizzlers		Rogan Josh* 66 Tender spicy cubes cooked spice and herbs with a fresh tomatoes	‱ £5.95 າ	sultanas mixed with rice seasoned with curry spices	•
12	Quarter Grilled Chicken	£2.95	Balti* 66 Cooked in spice and balti paste	£5.95		
	Baby chicken grilled with Flip 'N Grill sauce	32	Chicken Makhni 6 Cooked in mild sauce with butter and almonds	£2.95	Flip 'N Grill Curry	
	Half Grilled Chicken Baby chicken grilled with Flip 'N Grill sauce Whole Grilled Chicken	£4.95 £7.95		£2.95	Chicken Korma 6 Chicken is prepared from coconut cream and	£5.95
_	Baby chicken grilled with Flip 'N Grill sauce			51	fresh cream. Madrass* 6	∞n £5.95
15	Flip 'N Grill Chicken Special Whole breast chicken served with special Flip 'N Grill sauce and spices	£7.95	Vegetable Dishes		A fairly spicy dish cooked with tomatoes & coriander	
16	Chicken Shahlik 6 Chicken pieces cooked with tomatoes, onions	£6.95	Saag Bhajee 6	£2.95	Vindaloo* 6666 Hot and spicy curry diced potatoes	om £5.95
	and green peppers		Spinach cooked with garlic & fresh herbs	53	Pathia* 6 A tangy, sweet and sour, prepared with	om £5.95
17	Grilled Tiger Prawns 6 Prawn with garlic, yogurt and spices	£9.95	Fresh mushrooms fried with medium sauce	£2.95	tomatoes and lemon	∞.£5.95
18	Grilled Salmon Sizzler Fresh salmon, overnight marinated with home style spices	£6.95 ³⁶	Okra (Ladies finger) with onions & medium spices	£2.95	Sweet and sour curry mixed with yellow lenti and tomatoes	
19	Grilled Jafarani Duck buck grilled over flames served with onions and peppers	£7.95 37	Spinach & cottage cheese with garlic & spices	£2.95	Flip 'N Grill Specials	
20	Tandoori Mixed Grill 6	£8.95	Cottage cheese with tikka masala sauce	• • • • • • • • • • • • • • • • • • • •		
	Mixture of lamb, chicken, tandoori chicken and seekh kebab served with naan bread	39	Panjabi Chana masala 6 Chick peas with tomato & medium spices	£2.95	Chicken Tikka Masala 66 Tikka pieces cooked with mild masala (Nations favourite dish)	£6.50
	*Lamb Chickon (et at) Drawn (et at) King Drawn	2 (20 05)			PI FASE NOTE: All our dishes may contain trace	s of puts

Lamb, Chicken (£5.95) Prawn (£7.95) King Prawn (£9.95)

PLEASE NOTE: All our dishes may contain traces of nuts